



As You Are Nutrition Inc.

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Napa, CA 94559
707-200-1178

Insurance Script to Check Benefits

This page will guide you through checking your nutrition counseling benefits to ensure that sessions with our Registered Dietitians are covered by your insurance plan.

Please note, As You Are Nutrition Inc. (Group NPI: 1437772811) is considered in-network with:

- Aetna
- Adventist Health
- Blue Shield of California
- Cigna
- First Choice Medical Group
- Meritage Medical Network
- Medicare, Part B (*diabetes & kidney disease only*)
- Partnership HealthPlan, MediCal

For out-of-network insurance, we will collect payment at the time of service for the full amount of the session. We will submit a claim on your behalf and your insurance provider will reimburse you any out-of-network benefits you may have.

Insurance does not guarantee coverage. You are ultimately responsible for verifying and understanding the limits of your insurance coverage.

If you have **Medicare Part B**, you do not need to call as *only* diabetes & kidney disease are covered at this time.

Ask them:

1). Does my plan cover outpatient nutrition counseling? (Billing codes 97802 and 97803). If yes, how many sessions are allowed per year?

2). Does my plan cover visits that are “medically necessary” OR do they also cover “preventative services” (diagnosis code Z71.3)?

**Ask for the medical diagnosis code that we will be working under.*

3). Do I have any copays OR do I have to meet a deductible first?

4). Are telehealth visits (virtual sessions) an included benefit for nutrition therapy?

5). Record the reps name and a reference number for the call. **This will be necessary if you ever need to dispute a rejected claim.*